

“Stay home if un-well” Policy

Staying at home if you are sick is still the best thing you can do to stop any future spread of Covid-19. Schools must strictly follow the “Stay home if un-well” policy to ensure that everyone is safe at school.

1. When should the student stay at home?

The student must stay at home if he/she is showing any one of (but not limited to) the following symptoms:

- Fever (Temperature greater than 99.5°F, 37.5°C)
- Dry cough.
- Tiredness, body ache or pain.
- Sore throat.
- Diarrhoea or vomiting.
- Conjunctivitis.
- Headache.
- Loss of taste or smell.
- Rash on skin or discolouration on fingers or toes.
- Difficulty breathing or shortness of breath.
- Chest pain or pressure.
- Loss of speech or movement.
- Runny nose.
- Had a positive Covid-19 PCR test.
- A close contact of a person who tested positive for Covid-19.

2. What to do if the student has one of the above symptoms/conditions?

- Keep the student at home.
- The parent must inform the class teacher/ the Admin Assistant/ the School Nurse.
- If the symptoms are related to Covid19, or if the student underwent a COVID-19 test, or is close contact to covid19 positive case, the parent must keep the child at home and immediately inform the school by email.

3. What will happen if a sick student comes to school?

- The student with symptoms will not be allowed to board the school bus or enter the school.
- If the symptoms appeared during the school hours, the student would be triaged and sent to the clinic or isolation room.
- The parents must collect the student within 30 minutes (as soon as possible) from receiving the notification call from the medical team of the school if the student is stable, if the student is medically unstable, an ambulance will be called.
- If the student was identified as a Covid-19 suspected case (based on MOHAP criteria), he/she will be required to have Covid-19 test and will not be allowed in school until providing a negative result.

4. When can the student join the school physically?

- **For Non-COVID-19 Related illness or Covid-19 Negative PCR:**

If the student is free of symptoms for at least 24 hours before joining the school without using any fever-reducing medication, he/she can re-join school (if PCR test done-submit PCR negative report)

- **For Covid-19 Close contact:**

After completing 14 days quarantine and having no symptoms, he/she can join the school.

- **For Covid-19 PCR positive:**

Only upon submission of the de-isolation certificate from a Ministry of Health and Prevention approved health care facility.

Important notice: This policy applies to all school staff (Teachers/ Administration/ Technical/ Cleaners/ Bus Drivers/ Bus Supervisors) and all others working at school.